

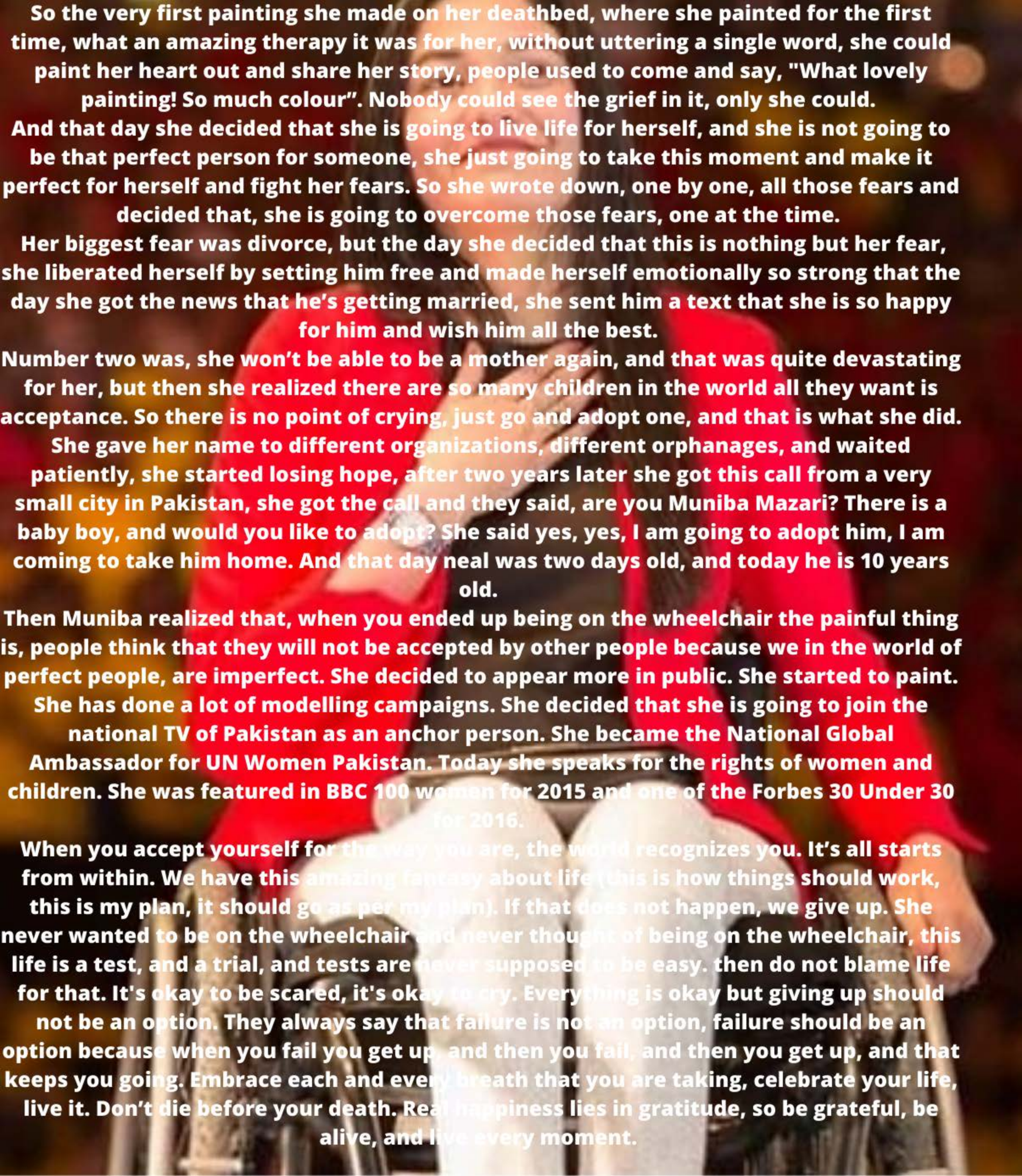
MUNIBA MAZAR (life story)

Muniba Mazari (born 3 of March 1987) is a Pakistani social activist and TV presenter, best known for her spirited and inspiring speeches, which led to her being named among the 100 women on the BBC's 2015 list of Most Influential Women, and she is an artist, she painted a lot of painting, a mother of one child(adopted).

She was 18 years old when she got married, she belongs to a very conservative family, a Baloch family, where good daughters never say no to their parents. Her father wanted her to get married, and she said, if that makes you happy, I will say yes. And of course, it was never a happy marriage, and about two years after getting married, she had a car accident with her husband. Her husband managed to escape but she stayed inside the car.

And she sustained a lot of injuries, the radius and ulna of her right arm were fractured, the wrist was fractured, shoulder bone and collarbone were fractured, her whole ribcage got fractured, but that whole injuries that changed her and her life completely was the spine injury. Many people came to rescue her, dragged her out of the car, and gave her CPR. There wasn't any close hospital on that city so they put her on the back of the jeep and rush to the hospital, which was 3 hours away. When she got in the back of the jeep she realized that half of her body was fractured, and half is paralyzed. When she finally got to the hospital, she went under multiple surgeries, the Doctors have put a lot of titanium in her arm and her back as well (this is why they call her iron women). And those two and half months in the hospital were dreadful. She was on the verge of despair. One day the Doctor came to her and said, Well I heard that you wanted to be an artist, but ended being a housewife, I have bad news for you "you won't be able to paint again". Next day the doctor came to her and said" your spine injury is so bad, you won't be able to walk again". and after that he came again and said "because of your spine injury and the fixation that you have in your back, you won't be able to give birth to a child again".

That day she was devastated, she started to question her existence, why is she even alive? What kept her going was, one day she asked her brothers "I know I have a deformed hand, but I am tired of looking at these white walls, bring me some colors, bring me some small canvas, I want to paint".



So the very first painting she made on her deathbed, where she painted for the first time, what an amazing therapy it was for her, without uttering a single word, she could paint her heart out and share her story, people used to come and say, "What lovely painting! So much colour". Nobody could see the grief in it, only she could. And that day she decided that she is going to live life for herself, and she is not going to be that perfect person for someone, she just going to take this moment and make it perfect for herself and fight her fears. So she wrote down, one by one, all those fears and decided that, she is going to overcome those fears, one at the time.

Her biggest fear was divorce, but the day she decided that this is nothing but her fear, she liberated herself by setting him free and made herself emotionally so strong that the day she got the news that he's getting married, she sent him a text that she is so happy for him and wish him all the best.

Number two was, she won't be able to be a mother again, and that was quite devastating for her, but then she realized there are so many children in the world all they want is acceptance. So there is no point of crying, just go and adopt one, and that is what she did.

She gave her name to different organizations, different orphanages, and waited patiently, she started losing hope, after two years later she got this call from a very small city in Pakistan, she got the call and they said, are you Muniba Mazari? There is a baby boy, and would you like to adopt? She said yes, yes, I am going to adopt him, I am coming to take him home. And that day neal was two days old, and today he is 10 years old.

Then Muniba realized that, when you ended up being on the wheelchair the painful thing is, people think that they will not be accepted by other people because we in the world of perfect people, are imperfect. She decided to appear more in public. She started to paint.

She has done a lot of modelling campaigns. She decided that she is going to join the national TV of Pakistan as an anchor person. She became the National Global Ambassador for UN Women Pakistan. Today she speaks for the rights of women and children. She was featured in BBC 100 women for 2015 and one of the Forbes 30 Under 30 for 2016.

When you accept yourself for the way you are, the world recognizes you. It's all starts from within. We have this amazing fantasy about life (this is how things should work, this is my plan, it should go as per my plan). If that does not happen, we give up. She never wanted to be on the wheelchair and never thought of being on the wheelchair, this life is a test, and a trial, and tests are never supposed to be easy. then do not blame life for that. It's okay to be scared, it's okay to cry. Everything is okay but giving up should not be an option. They always say that failure is not an option, failure should be an option because when you fail you get up, and then you fail, and then you get up, and that keeps you going. Embrace each and every breath that you are taking, celebrate your life, live it. Don't die before your death. Real happiness lies in gratitude, so be grateful, be alive, and live every moment.